

OUR APPROACH TO FOOD IS SIMPLE, EAT WELL, FOR GOOD. WE WORK ALONGSIDE OUR PRODUCERS AND FARMERS TO MAKE THE KINFOLK MENU AS SUSTAINABLE & LOCAL AS POSSIBLE.

SHOULD YOU HAVE A DIETARY, PLEASE LET YOUR STAFF MEMBER KNOW.

BREAKFAST 7 - 11

WEEKLY CHANGING EGG SPECIAL (EXAMPLE ONLY) W MUSHROOM, BROCCOLI, RICOTTA & A FIVE DIME BAGEL (V) *ADD MAPLE SMOKED BACON 5* 16

KIMCHI FRITTER AVOCADO, SPICED LABNE & EGG (GF) 21
ADD SMOKED SALMON 5

AVOCADO SMASH W BEET, YUZU, TOMATO, MEREDITH FETTA, WALNUT, SOURDOUGH & POACHED EGG (V) (GFO) (VGO) *ADD MAPLE SMOKED BACON 5* 17.5

GRANOLA, POACHED PEAR, BERRY & WHIPPED COCONUT YOGHURT (V) (VGO) (GF) 15

CHIA BREAKFAST PUDDING W DRAGONFRUIT, HAZELNUT & A STRAWBERRY COULIS (VG) (GF) 15

HOUSE BEANS W POACHED EGG, CHEDDAR & BLUE CORN CHIPS OR CHEESEY TOAST (V) (VGO) (GFO) 16
VEGAN OPTIONAL W CASHEW CHEESE +0

VEGAN SMOOTHIE BOWL W BERRY, KIWI, GRANOLA & COCONUT (VG) (GF) 12

THE BIG CHEESE, TWO SLICES OF SOURDOUGH GRILLED W SMOKED MOZARELLA & HOUSE CHILLI (GFO) (V) 10
ADD SCRAMBLED EGG 6

FRUIT TOAST W CULTURED BUTTER (VGO) 8

TOAST ORGANIC SOURDOUGH OR MULTIGRAIN W CULTURED BUTTER & VEGEMITE / JAM / ROOFTOP HONEY / HOUSEMADE PEANUT BUTTER (V) 7

B/FAST SIDES

KIMCHI FRITTER 5
THYME MUSHROOM 5
MEREDITH FETTA / VEGAN CASHEW FETTA 3
SMOLKED SALMON / SMOKED BACON 5
HOUSE CHILLI 2
POACHED EGG / FRIED EGG 3
SCRAMBLED EGG 6
AVOCADO 5.5

ALL DAY TOASTIES

THE FULL HOUSE TOASTIE W HAM, CHEDDAR, ROQUETTE, PESTO, SALAMI & A FRIED EGG 17.5

MUSHROOM TOASTIE W AUBERGINE & CHILLI PICKLE, MEREDITH GOAT'S CHEESE & SPINACH (V) 14.5
VEGAN OPTIONAL W CASHEW CHEESE +0

LUNCH 11.15 - 2

WEEKLY HOUSE SPECIAL (EXAMPLE ONLY) HONEY GLAZED FREE RANGE CHICKEN, EGGPLANT PARMIGIANA & KIMCHI 24

PAPPARDELLE PASTA, BROWN MUSHROOM, SAGE, RICOTTA & LEMON ZEST (V) *ADD MAPLE SMOKED BACON 4* 16

AVOCADO SMASH W BEET, YUZU, TOMATO, MEREDITH FETTA, WALNUT & ORGANIC SOURDOUGH (V) (VGO) (GFO) *ADD MAPLE SMOKED BACON 4* 16.5

VEGAN NOODLE SALAD, PICKLED CARROT, TOFU, BEAN SPROUTS, EDAMAME & KINFOLK KIMCHI (GF) (VG) 12

RISOTTO MADE W LOCAL VICTORIAN CHEESES (V) (GF) 14

WEEKLY CHANGING SALAD (EXAMPLE ONLY) ORECHIETTE PASATA, PUMPKIN, BROCCOLI, DILL, MARJORAM, SPINACH & HEMP SEED OIL (VGO) (GFO) 12

WEEKLY CHANGING SALAD (EXAMPLE ONLY) RED CABBAGE, DAIKON, CARROT, MINT, THAI, ROQUETTE & BEAN SPROUTS (VGO) (GFO) 12

MIXED SALAD, HALF & HALF OF THE ABOVE W ORGANIC SOURDOUGH (VGO) (GFO) 12

CURRY MADE W SEASONAL ROOT VEGETABLES, POPPODOM, BROWN RICE & RAITA (VGO) (GFO) 13

CURRY & SALAD COMBO 15

BEEF BRISKET, SOURDOUGH BAGUETTE, CAMELIZED ONION, PICKLES, SESAME, MAYO & MOZARELLA 12.5

LUNCH SIDES

HOUSE CHILLI 2
THYME MUSHROOM 5
MEREDITH FETTA 3
VEGAN CASHEW FETTA 3
SMOLKED SALMON 5
AVOCADO 5.5

GLUTEN FREE (GF) GLUTEN FREE OPTIONAL (GFO) VEGETARIAN (V) VEGAN (V) VEGAN OPTIONAL (VGO)

COFFEE

BY SMALL BATCH

Black / White	4
Large	+ .5
Mocha	5
Bottomless batch brew	5
Iced filter / latte	4.5
Add ice	+ .5
Single Origin, Brazil	+ 0

NOT COFFEE

Mörk 70% chocolate	5
Fresh turmeric latte	5.5
Loose leaf chai latte by Prana	4.5
Babycino	1
Add ice	+ .5

MILKS

St David Dairy	+ 0
Soy Boy soy	+ .5
Milk Lab almond	+ 1

TEA

English Breakfast	4
Earl Gray	4
Green	4
Lemonzilla	4
Peppermint	4
Chamomile	4

SODA

Pink grapefruit	5
Old fashioned lemonade	5
Natural ginger ale	5
Sparkling water	3

JUICES 6.5

Orange juice	
Pink juice w dragonfruit ginger lemon apple	
Red juice w beetroot blackberry carrot mandarin	
Green juice w spinach kiwi kale celery mint cucumber	

VEGAN SMOOTHIE 8.5

Weekly changing, made w fresh market fruits, housemade nut butters, coconut, chia & date.

kinfolk

CAKES VEGAN 8.5

HEARTBEET / LOVE SANDWICH dates, coconut, beetroot, cacao, coconut cream, cacao butter, raspberry, maple & coconut butter.

WHEN LIFE GIVES YOU LEMONS lemon, passionfruit, dates, coconut, coconut cream, agave agar agar, coconut butter & lemon verbena.

TRUFFLES VEGAN 4.2

Salted caramel & peanut butter
Orange & pistachio
Coconut blossom sugar
Berry coconut ripe
Black sesame & tahini

EAT WELL. FOR GOOD.

AT KINFOLK, 100% OF OUR DISTRIBUTABLE PROFITS GO TO CHARITIES SUPPORTING SOCIAL INCLUSION. IN ADDITION TO THIS, OUR STAFF WORK ALONGSIDE VOLUNTEERS FROM MANY DIFFERENT BACKGROUNDS TO DELIVER SPECIALIZED TRAINING, CAPACITY BUILDING & INCLUSIVITY WITH EACH DAY'S SERVICE.