

DONATIONS

WE'RE BUILDING A NEW CAFE IN CARLTON NORTH TO DOUBLE OUR VOLUNTEER OPPORTUNITIES. YOU CAN HELP US BY ORDERING ONE OF THESE SPECIALTY MENU ITEMS.

THANK A VOLUNTEER... 10
BUY A VOLUNTEER LUNCH & COFFEE AT OUR NEW VENUE.

INDUCT 3 VOLUNTEERS... 30
PAY FOR A THREE HOUR TRAINING SESSION IN HOSPITALITY ESSENTIALS

THE GROCERY SHOP... 50
FOOT THE GROCERY BILL FOR A CULINARY CLASS WITH FOUR VOLUNTEERS

SPECIALIZED TRAINING... 100
FACILITATE A FOUR HOUR SHIFT FOR A VOLUNTEER WITH MIXED ABILITIES OR UNIQUE CHALLENGES TO WORK ALONGSIDE A MENTOR IN A SKILLED AREA OF THE CAFE.

DON'T LIKE EVEN NUMBERS?...
THAT'S FINE. YOU CAN DONATE ANY AMOUNT YOU WISH. ALL DONATIONS ARE TAX DEDUCTIBLE.

SHOUT US OUT & WE'LL SHOUT YOU ONE.

REVIEW US ON FACEBOOK OR INSTAGRAM & WE'LL SHOUT YOU A COFFEE. JUST SHOW US AT THE TILL.*

COLD DRINKS

ICED CHAI... 5
ICED LATTE... 4.5
ICED FILTER... 4.5
ICED CHOCOLATE... 5
ICED TURMERIC LATTE... 6

ORANGE JUICE... 6.5

PINK JUICE... 6.5
DRAGONFRUIT GINGER LEMON APPLE

RED JUICE... 6.5
BEETROOT GINGER BLACKBERRY
CARROT MANDARIN & LIME

GREEN JUICE... 6.5
SPINACH KIWI CELERY PARSLEY
CUCUMBER KALE & MINT

VEGAN SMOOTHIE... 8.5
MORK CACAO STRAWBERRY BANANA
DATE CHIA & ALMOND MILK

HOUSE MADE SODA... 5
RASPBERRY & MINT
OLD FASHIONED LEMONADE
LIQUORICE & LEMONGRASS

HOT DRINKS

BOTTOMLESS BATCH BREW... 5

STONEGROUND MATCHA... 5

RAW TURMERIC LATTE... 5.5
MADE W RAW TURMERIC & GINGER
ROOT, CINNAMON, PEPPER & HONEY
ON DAIRY MILK. ALMOND MILK +1

LOOSE LEAF TEA...
ENGLISH BREAKFAST 4
EARL GRAY 4
HOJICHA GREEN 4
LEMONZILLA 4
PEPPERMINT 4
CHAMOMILE 4
ROOIBOS & ROSE 4
CHAI 4.5
JASMINE GREEN 4.5
OOLONG 6.5
WHITE LEAF 6.5

THE BASICS...
BLACK / WHITE 4
LARGE +.5
HOT CHOCOLATE 4.5
MOCCA 4.5
LOOSE LEAF CHAI LATTE 4.5

MILKS...
ST DAVID DAIRY
ALMOND +1
SOY +0.5

BREAKFAST 7:00 - 11:00

AVOCADO SMASH...

W KUMARA, CHILLI OIL, GOAT
CHEESE, PUFFED SORGHUM & EGG
ON SOURDOUGH 16 ^{V / VGO / GFO}
W SMOKED SALMON OR21
W THYME ROASTED MUSHROOM 21

THE GOOD EGG SPECIAL...

A 64' EGG W KALE MUSHROOM PINE
NUTS PARMIGIANO & PESTO ON
ORGANIC SOURDOUGH 15 ^{V / GFO}
ADD THICK CUT SMOKY BACON 5
ADD THYME ROASTED MUSHROOM 5

CHILLI BEANS...

W POACHED EGG, CHEDDAR & BLUE
CORN CHIPS^{GF} OR TOAST 16 ^{V / GFO}
ADD THICK CUT SMOKY BACON 5

CHARCOAL CREPE...

W SMOKED SALMON, KALE, ROAST
PUMPKIN, GOAT'S FETTA, PESTO &
EGG 18 ^{GF / VO}
ADD AVOCADO 5.5

HOME SAVER'S AVO...

TWO SLICES OF SOURDOUGH TOAST
W AVOCADO HALF & LIME 12 ^{VG / GFO}
ADD SCRAMBLED EGG 6
ADD THYME ROASTED MUSHROOM 5

COCONUT QUINOA PORRIDGE...

VEGAN PORRIDGE W LEMON MYRTLE,
PASSIONFRUIT, PICKLED RHUBARB,
MANDARIN 14 ^{VG / GF}

MACADAMIA GRANOLA...

W LABNE, LEMON MYRTLE AND
BERRIES 12 ^{V / VGO / GF}
ADD SHIRAZ POACHED PEAR 16

MORK SMOOTHIE BOWL...

VEGAN SMOOTHIE W GRANOLA,
BERRIES, BANANA, KIWI, CHIA
SEED & SHREDDED COCONUT 12 ^{GF}
^{/ VG}

MUSHROOM TOASTIE...

W ROMESCO SAUCE, SMOKED
MOZARELLA, CAPSICUM &
ROQUETTE 13.5 ^V
ADD A FRIED EGG 16.5

HAM & SALAMI TOASTIE...

W GRUYERE, BECHAMEL, MUSTARD &
HOUSE MADE SAUERKRAUT 13.5
MAKE IT A MADAME 16.5

THE BIG CHEESE...

TWO SLICES OF SOURDOUGH
GRILLED W SMOKED MOZARELLA &
A SIDE OF HOUSEMADE CHILLI 9
^{V / GFO}
ADD SCRAMBLED EGG 6

THE KID'S TOASTIE...

CHEDDAR, FRESH TOMATO
& BASIL 8 ^V

FRUIT TOAST...

ORGANIC FRUIT TOAST W PEPE
SAYA CULTURED BUTTER 8 ^{VGO}

TOAST...

ORGANIC SOURDOUGH OR
SEEDED MULTIGRAIN W PEPE SAYA
BUTTER & ^{VGO}
- VEGEMITE OR JAM 6
- HOUSEMADE PEANUT BUTTER 7
- ROOFTOP HONEY 7
GLUTEN FREE TOAST +1

OPTIONAL B/FAST SIDES...

SCRAMBLED EGG	6
THYME MUSHROOM	5
MEREDITH FETTA	3
MAPLE SMOKED BACON	5
SMOKED SALMON	5
SAUTEED KALE	4
AVOCADO	5.5
FERMENTED CHILLI	2
POACHED EGG	3
SUNNY SIDE UP EGG	3

LUNCH 11:15 - 2:00

ORA KING SALMON...

PAN FRIED WITH POTATO
CAULIFLOWER KALE & FREEZE
DRIED HORSERADISH 23 ^{V GF}

PUMPKIN PASTA...

W SAGE, PARMIGIANO &
ROQUETTE OIL 16 ^V
ADD MAPLE SMOKED BACON 4
ADD HOUSE FERMENTED CHILLI 2

AVOCADO...

W KUMARA, CHILLI OIL, GOAT
CHEESE & PUFFED SORGHUM ON
SOURDOUGH 15 ^{VGO / GFO}
ADD THICK CUT SMOKY BACON 5

BRISKET BAGUETTE...

SLOW COOED BEEF BRISKET,
CARMAELIZED ONION & CHEDDAR IN
A SOURDOUGH BAGUETTE 12.5

MUSHROOM TOASTIE...

W ROMESCO SAUCE, SMOKED
MOZARELLA, CAPSICUM &
ROQUETTE 13.5 ^V
ADD A FRIED EGG 16.5

HAM & SALAMI TOASTIE...

W GRUYERE, BECHAMEL, MUSTARD &
HOUSE MADE SAUERKRAUT 13.5
MAKE IT A MADAME 16.5

THE KID'S TOASTIE...

CHEDDAR, TOMATO & BASIL 8 ^V

CHEF'S SEASONAL FARE...

LOCAL FARMERS & SEASONAL
PRODUCE INSPIRE OUR CHEFS TO
CRAFT THESE DAILY CHANGING
DISHES. EACH ONE IS WRITTEN
IN GREATER DETAIL ON THE
CHALKBOARDS BY KINFOLK'S
VOLUNTEERS.

CURRY... ^{V / VGO / GF}

W ROOT VEGETABLES, POPPADOM,
BROWN RICE & RAITA 13

RISOTTO... ^{V / GF}

MADE WITH VICTORIAN CHEESES 14

SOUP... ^{V / VGO / GFO}

SERVED W BUTTERED SOURDOUGH 12

SALADS... ^{VG / GF}

CHOOSE ONE, OR HALF AND HALF,
SERVED W BUTTERED TOAST 12
#1 VIC GROWN QUINOA SALAD
WITH PUMPKIN EGGPLANT &
CAULIFLOWER ^{VGO / GFO}
ADD SMOKED SALMON 5
#2 BROCCOLI SALAD W POTATO
SHALLOT & CAPERS ^{VGO / GF}
ADD THYME MUSHROOMS 5

SOUP & SALAD... ^{V / VGO / GFO}

SMALL SOUP W CHOICE OF SALAD 12
LARGE SOUP W CHOICE OF SALAD 16

OPTIONAL LUNCH SIDES...

SMOKED SALMON	5
THYME MUSHROOM	5
AVOCADO	5.5
MEREDITH FETTA	3
FERMENTED CHILLI	2
HARDBOILED EGG	3
FRIED EGG	3

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& WE'LL SHOUT YOU A COFFEE.
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